




My Inspiration Affirmation Cards



Change Your Tune
Outfit Inspirations Affirmations



1. I believe that change is part of a rich and rewarding life
2. I recognise that change is positive & that change starts with me
3. I will overcome my natural resistance to unexpected changes
4. I know that by embracing change, other opportunities will arise




Get The Right Frame of Mind
Outfit Inspirations Affirmations



1. I leap into every new day and live it to the full
2. I know who I am and I present myself confidently to the world
3. My many personal strengths outweigh my areas for improvement
4. I accept my past, but I am focussed on the future I desire




Stop and Smell the Roses
Outfit Inspirations Affirmations




1. Every day of my life is filled with moments of beauty
2. I communicate with people I value on a deep and rewarding level
3. I respect my body and provide it with a nurturing environment
4. I am committed to focussing on what is important in my life





Walk Tall
Outfit Inspirations Affirmations




1. I love and respect myself exactly as I am
2. I know my own mind and respect my opinions
3. I am blessed with all the gifts I require for a rewarding life
4. I embrace every opportunity to become a better person

Keep Your Cup Half Full
Outfit Inspirations Affirmations



1. I know what brings me happiness and pursue it with passion
2. I have the spirit & will to achieve anything I set my mind to
3. I am surrounded by people who have my best interests at heart
4. I have the strength and resilience to survive all of life's struggles




Take the Road Less Travelled
Outfit Inspirations Affirmations



1. I am committed to living the best life that I can
2. My beliefs are my own and I accept the views of others
3. I greet everyone with an open heart and mind
4. I believe that every turn in the road offers an adventure



Title
Outfit Inspirations Affirmations

1. Here
2. Here
3. Here
4. Here



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4. Here



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My Inspiration Affirmation Cards



My Personal Affirmations
Change Your Tune

To 'embrace change' ...


- 1.
- 2.
- 3.
- 4.

My Personal Affirmations
Get the Right Frame of Mind

To 'believe in myself' ...


- 1.
- 2.
- 3.
- 4.




My Personal Affirmations
Stop and Smell the Roses

To 'get my priorities right' ...



- 1.
- 2.
- 3.
- 4.

My Personal Affirmations
Walk Tall

To 'boost my self-esteem' ...



- 1.
- 2.
- 3.
- 4.

My Personal Affirmations
Keep Your Cup Half Full

To 'stay positive' ...


- 1.
- 2.
- 3.
- 4.

My Personal Affirmations
Take the Road Less Travelled

To 'realise your opportunities' ...


- 1.
- 2.
- 3.
- 4.



My Personal Affirmations
Title

To 'here' ...


- 1.
- 2.
- 3.
- 4.



My Personal Affirmations
Title

To 'here' ...


- 1.
- 2.
- 3.
- 4.



My Personal Affirmations
Title

To 'here' ...

- 1.
- 2.
- 3.
- 4.



My Personal Affirmations
Title

To 'here' ...

- 1.
- 2.
- 3.
- 4.

